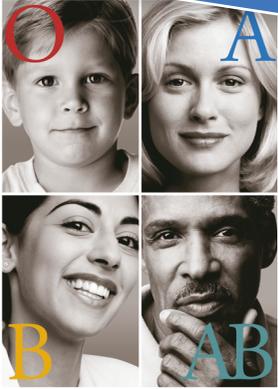


BLOOD TYPE A

Your Personalized Nutrition Guide

Begin with Your A Basics

→ Achieve Digestive and Immune System Integrity with the Blood Type Diet®.



Block Effects of Lectins

Deflect® A Minimize lectin damage from the avoid foods you eat, and repair existing lectin damage with Dr. D'Adamo's revolutionary Deflect formulas, personalized for your Type.

Your Multi-Vitamin

Polyvite® A Designed by Dr. D'Adamo to reflect the individual health concerns and precise nutritional needs of your blood type.

Your Multi-Mineral

Phytocal® A Features unique co-factors and micro-mineral ratios specific to your blood type, featuring a unique natural source of highly absorbable calcium.

Your Optimal Probiotic

Polyflora® A Your blood type has a significant impact on friendly flora, featuring your optimal flora strains and growth media for detoxification and maintaining digestive balance.

Type A Basics Pack



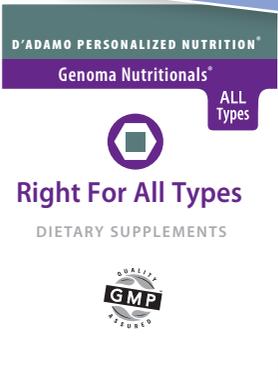
Build a solid daily foundation for personalized health. (Contains all 4 formulas.)

Don't know your Type? Order your kit online.



Add Your Targeted Supplements

→ Each Type is susceptible to certain imbalances. Add formulas to promote balance.



Type A Stress Response

Cortiguard® Enhance the health of the nervous system and strengthen resistance to the physical effects of occasional stress. Natural recovery with Dr. 'Adamo's exclusive formula, Cortiguard.

Type A Detoxification Support

Hepatiguard™ Dr. D'Adamo writes about Type A liver/gall bladder health. This exclusive formula naturally supports optimal liver function and bile production which can be especially important for Blood Type A.

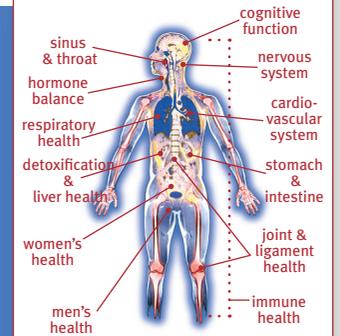
Type A Metabolic Support

Glycoscia™ Designed to balance blood sugar and supports the body's natural ability to regulate insulin levels. Features Resveratrol and four other botanicals.

Type A Immune Support

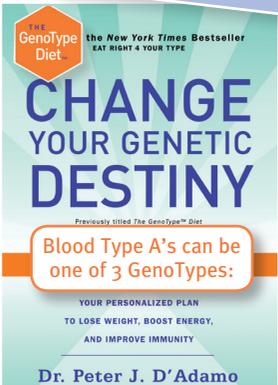
Helix Plus® Exclusive to Dr. D'Adamo, Helix has a powerful component which can help the immune system function more effectively and efficiently, and may serve as a very potent protective agent.

Target Your Needs



Add Your GenoType Supplements

→ Re-Set your genetic expression with the GenoType Diet®.



Overly tolerant immune system, sensitive digestive system, and increased mental stress when in poor health.

Teacher Activator: Protein digestive aid; flora and plant sterols.

Teacher Catalyst: Increase resistance to biological stress and build vitality.

Flaxseed Oil Formula/Teacher Synergist: Balance of Omega-3, Omega-6, Omega-9 from Flax.



Stores all calories as fat, depressed immunity, heart and circulatory health challenges, accelerated aging.

Warrior Activator: Digestive system balancing and calmative.

Warrior Catalyst: Powerful anti-aging formula. Includes pure Gynostemma.

CLA Formula/Warrior Synergist: CLA increases metabolism, decreases abdominal fat.



Hypersensitivity to allergens and certain foods and drugs; imbalanced ability to detoxify, sluggish metabolism and weight gain.

Explorer Activator: Gastro-protective; liver/bile health; cellular energy production.

Explorer Catalyst: Detoxification with antioxidants and plant sterols.

Fish Oil Formula/Explorer Synergist: Pure marine lipids providing long chain Omega 3's.

SWAMI XPress®



Generate your own completely individualized diet with Dr. Peter D'Adamo's new diet software.

Don't know your GenoType? Order your kit online.



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