

A weekend intensive seminar with
DR. PETER J. D'ADAMO

Author of The NY Times Bestseller

'EAT RIGHT FOR YOUR TYPE'

And the Faculty of
The Institute for Human Individuality



IFHI 2009 Conference and Certification
PERSONALIZED MEDICINE
IN FORM AND FUNCTION

How to Use Blood Group Polymorphisms
To Design the Optimized Diet for Your Patients

June 5-7 2009
DOLCE CONFERENCE CENTER

Norwalk, Connecticut USA

www.dadamo.com/ifhi2009

www.dadamo.com/ifhi2009 or call toll-free in US 877 226-8973

IFHI 2009

The Institute for Human Individuality (IfHI) is a non-profit research and educational foundation developed out of the collective vision of Dr. Peter and Martha D'Adamo, Drs. Paul and Laura Mittman, and Southwest College of Naturopathic Medicine.

Every two years IfHI sponsors a conference and certification symposium bringing together the finest minds in nutritional genomics. Whether your goal is to learn cutting-edge applications in nutritional genomics, epigenetics and human polymorphism from acknowledged masters; to receive certification as an IfHI registered practitioner; or just to learn principles and practical guidelines for the benefit of your own personal health and the health of your family, IfHI 2009 is the conference you'll want to attend.

You will be treated to enlightening lectures on a range of topics from new pharmacology and therapeutics to an in-depth overview of the latest clinical and laboratory techniques. There will also be an extensive review of the literature, all focused through the lens of blood group polymorphism and the science of individuality.

In addition to an extensive audio visual presentation, all attendees are presented with the complete lecture notes. The conference is also layperson friendly: If you are not a health care professional but are interested in nutrition, this is the conference for you.



DOLCE NORWALK

IFHI 2009 will be held at the Dolce Norwalk Conference Center in picturesque New England. Dolce Norwalk Center is an internationally acclaimed education and conference facility situated on 66 acres of rolling meadows, quiet woodlands and trails.

For over a year, we at IfHI have searched for the perfect setting for IfHI 2009 and are extremely excited to have the Dolce as our conferece site. Located just one hour from Manhattan, access is easy from any of the three major international airports that serve the New York City area.

Although we've planned an action-packed program, there will be plenty of time for rest and relaxation. From a swim in the still waters of the indoor pool to an afternoon stroll through the 66-acre grounds, Dolce Norwalk offers many options to help you relax.

Organize a basketball game on the indoor court or shoot some pool in the Cider Mill Lounge. The Dolce Norwalk provides a beautiful environment for IfHI attendees, whether it's in the state-of-the-art meeting rooms or in one of the numerous areas designed for leisure-time and networking. Attendees may wish to extend their stay and combine a visit to New York City or to one of the many coastal towns and attractions along with attendance at IFHI 2009.

Please visit our website www.dadamo.com/lfHI2009 for airport and travel information as well as other area attractions.



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SOUP TO NUTS

Unlike prior conferences, your registration fee is all inclusive. Your hotel accommodations, as well as delicious meals and snacks that are nutritious and compatible with the Blood Type Diet, are included in your package price. There are two conference options:



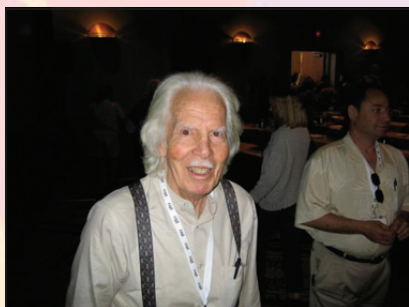
Complete Meeting Package

Arrive Friday afternoon and stay through Sunday morning. Your two nights and all conference scheduled meals and snacks are included. Attend the Friday evening opening session with Dr. D'Adamo. Dinner and your guest room are included. Saturday, join us for breakfast, lunch and a full day of lectures. Evening activities include a reception hosted by North American Pharmacal, Inc. and live music by TrippyPhonics. Sunday morning begins with breakfast, followed by the closing lecture. All you have to do is book your transportation: Everything else is provided.



Limited Meeting Package

Can't stay all week-end? Check in Friday and check out Saturday. Attend the Friday evening opening session with Dr. D'Adamo. Dinner and your guest room are included. Saturday, join us for breakfast, lunch and a full day of lectures.



DR. PETER J. D'ADAMO

A renowned physician, scientist, researcher, lecturer, and author, Dr. Peter D'Adamo has dedicated the past 25 years to understanding human bioindividuality. He has popularized these concepts in the New York Times best seller, *Eat Right 4 Your Type*. Dr. D'Adamo has refined this work with his latest book, *The GenoType Diet*, published in January 2008.

In 1999, respected industry analysts named him the "Most Intriguing Health Author of the Year." The Journal of Alternative and Complementary Medicine hailed *Eat Right 4 Your Type* as the "Boldest of the New Books on Alternative Medicine." Since it was first published, *Eat Right 4 Your Type* has been translated into over 60 languages.

In 1990, Dr. D'Adamo was named "Physician of the Year" by the American Association of Naturopathic Physicians. Dr. D'Adamo currently serves as the Academic Dean for IfHI.

DR. TOM GREENFIELD

Dr. Tom Greenfield is a Master of the Institute for Human Individuality. He lectures extensively on blood group polymorphism and, with Dr. D'Adamo, is co-editor of the "Individualist," a Wikipedia-type knowledge base of human genetics and variations.

DR. NATALIE COLICCI

Dr. Natalie Colicci is a graduate of Bridgeport Naturopathic College and a Master of the Institute for Human Individuality. She serves as the Manager of Clinical Services at the D'Adamo Clinic and works extensively with the SWAMI genotyping.



"I am afraid that Peter's merits are not [esteemed] enough in the scientific world. Therefore, it seems to me necessary, not only to promote his concept here in Europe, but also to tell him that I acknowledge him as one of the most creative scientists in the Western World."

-Gerhard Uhlenbruck, MD

"No conscious person can read Peter D'Adamo's works without considering much more thoughtfully how their genetic inheritance relates to their needs for specific food, lifestyle and environmental factors to improve their health."

-Jeffrey Bland, Ph.D.

"Fascinating...Controversial...Another great contribution. With *The GenoType Diet*, Peter D'Adamo is taking it one level past where most of us stop. He has a virtually encyclopedic knowledge of this topic."

-Mehmet Oz, MD

"I found the information in *Eat Right 4 Your Type* absolutely fascinating. Dr. D'Adamo's work adds an exciting new dimension to the concept of biochemical individuality and gives all of us an extremely practical way to apply it to our own lives..."

-Christine Northrup, MD,

CONFERENCE SCHEDULE

Friday 6/5/09

3:00 PM	Guest Check-In	Our hospitality desk will be open and our staff ready to assist you with registration. Be sure to pick up your raffle ticket at the North American Pharmacal, Inc. (NAP) booth!
4:30 PM 6:30 PM	Conference Kick-Off	Peter D'Adamo: 'Forms of the Gaze'
6:30 PM 8:30 PM	IfHI Dinner	Served buffet style in the Candlewood Room, you'll have a chance to meet fellow IfHI attendees while enjoying the Dolce's lovely New England setting.

Saturday 6/6/09

6:30 AM 7:00 AM	Morning Stretch	Start your day with Yoga! Meet for a beginner class lead by Martha D'Adamo.
6:30 AM 8:30 AM	Breakfast	Join your new friends and enjoy a breakfast designed <i>For Your Type</i> .
8:30 AM 10:00 AM	IfHI Education	Peter D'Adamo: 'Shoe-Gazing: The Classic Serologic Markers and Their Use in Nutritional Medicine.' With special emphasis on the biology of individuality, the therapeutic and toxic natures of food, and the metabolic processes most suitable for manipulation.
10:00 AM 10:30 AM	Break	Served in the foyer outside the lecture room, there is something for everyone!
10:30 AM 12:00 PM	IfHI Education	Peter D'Adamo: 'Navel-Gazing: Biologic Predilections.' How familial traits and prenatal effects—sometimes extending over several generations—go on to influence wellness and disease later in life, and how they can be restored and revised.
12:00 PM 1:30 PM	Lunch Break	Enjoy the buffet lunch in the Candlewood Room or take your plate outside and dine on the patio. Be sure to stroll the grounds and enjoy the spring gardens.
1:30 PM 3:00 PM	IfHI Education	Peter D'Adamo: 'Sunset-Gazing: The Polymorphic Physician.' With special emphasis on the management of degenerative disorders, aging and immune dysfunction.
3:00 PM 3:30 PM	Break	Enjoy a snack while the new information presented by Dr. D'Adamo takes shape in your mind.
3:30 PM 5:00 PM	IfHI Education Breakouts	Peter D'Adamo: 'Master Colloquim: Techniques' Thomas Greenfield: Lessons learned using GTD and BTD in clinical practice. Tips from a full-time practitioner.
5:00 PM 5:45 PM	IfHI Certification Breakouts	Thomas Greenfield: 'Master Certification Review' Natalie Colicci: 'Fellow Certification Review'
6:30 PM 8:30 PM	NAP Reception	Mingle poolside with Dr. D'Adamo and the IfHI faculty while enjoying great food, music, and your IfHI friends. Hosted by NAP

Sunday 6/7/09

6:30 AM 7:00 AM	Morning Stretch	Let's do it again! If you enjoyed yesterday's class, or heard great things about it, come by for another class with Martha D'Adamo.
6:30 AM 8:30 AM	Breakfast	Another great meal with friends, served in the Candlewood Room. Be sure to ask about IfHI 2011!
8:30 AM 10:00 AM	IfHI Education	Peter D'Adamo: 'Star-Gazing: Towards an Ever Improvable Future.' Interpretation of the individual's epigenotype permits transcendece of the typical medical treatment timeframe and may allow us the almost unfathomable ability to treat current, past, and future life spans.
10:00 AM 10:30 AM	Closing Ceremony	Peter D'Adamo: To come...
12:00 PM	Check-Out	Be sure to stop by and say "Good-bye" to the IfHI and NAP staff. We hope you enjoyed the conference!

CERTIFICATION AND CONTINUING EDUCATION

Certification is a central concept at IfHI conferences. It allows consumers to make informed decisions about the qualifications of educators and practitioners who wish to employ these modalities in clinical and teaching environments. Certification takes place at every IfHI Conference. All certification applicants must complete an open-book examination that is distributed at the conference. Completed tests are returned to IfHI within one week for grading. Source materials are supplied at registration. Certification is available at two different levels:

New Fellow Certification

This is the first level of certification. Fellow certification is open to all applicants and does not require prior licensing or certification in any other healing art.

The examination fee is \$150.00 (US). The applicant must take and pass an open-book multiple choice examination on the basic principles behind the science of blood group polymorphism, special topics including genetics and nutritional immunology, and codes of professional conduct.

Upon satisfactory completion of the test, the applicant will receive a Certificate of Registration and a registration number as a Fellow of the Institute for Human Individuality. Should they wish, registrants can append the initials FIFHI (Fellow of the Institute) to their other professional titles.

Master Level Certification

The test is only open to current Fellows of the Institute. The examination fee is \$150.00 (US).

The applicant must take and pass an open-book multiple choice examination on the advanced principles behind the science of blood group polymorphism, special topics including epigenetics, advanced biometrics and nutrigenomics.

Upon satisfactory completion of the test, the applicant will receive a Certificate of Mastery Registration and a registration number as a Master of the Institute for Human Individuality. Should they wish, registrants can append the initials MIFHI (Master of the Institute) to their other professional titles.

Certified Masters of the Institute qualify for inclusion on the IfHI Faculty and can organize regional conferences. These conferences can provide regional Fellow of the Institute testing. Masters of the Institute also gain admission to restricted Colloquiums at future IfHI conferences.

Continuing Education

Continuing Education Units (CEUs) may be available in your speciality. For more information contact: ifhi@dadamo.com

MORE INFORMATION

For up to the date information and further details concerning certification, continuing education credits, travel arrangements and any and all last minute odds and ends, visit the official IfHI 2009 Conference Website: www.dadamo.com/ifhi2009

REGISTER

Return This Form To:

IfHI Conference Registration

213 Danbury Road
Wilton, CT 06897 USA

For more information, visit:

<http://www.ifhi-online.org>

You can also register by phone:

Phone: 1-203-761-0042

Toll Free Within US: 877 226-8973

FAX: 203 761-0043

ifhi@dadamo.com

Cancellations for refunds must be made by March 31, 2009 (\$50 cancellation fee will apply).

*ND students must be registered and attending a CNME approved college. Student rate is available for first 15 student registrants only.

Choose your Meeting Type:

(See Page 3 for details)

Complete Meeting Package

Conference Price \$995

IfHI Members \$950

ND Students \$825*

Limited Meeting Package

Conference Price \$795

IfHI Members \$750

ND Students \$695*

Please register as soon as possible to ensure your attendance.

The Dolce Norwalk conference facilities accommodates 150 attendees. Seating for IfHI 2009 is extremely limited!

Please use dark ink and print clearly.

Name	
Address	
City	
State	ZIP/Postal Code
Country	Phone
FAX	Email

	Conference Price	IfHI Member	ND Student
Complete Meeting Package	\$995 (USD)	\$950 (USD)	\$825 (USD)
Limited Meeting Package	\$795 (USD)	\$750 (USD)	\$695 (USD)
I would like to test for IfHI Certification: <input type="checkbox"/> Fellow <input type="checkbox"/> Master (IfHI Fellow # _____)			\$150 (USD)
ABO Blood Type	Total Registration Fee		

Please bill my <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Amex <input type="checkbox"/> Discover	
Name on Card	
Card Number	
Expiration Date	
Signature	
I've enclosed my check made payable to IfHI (US funds).	