

Spring into Good Health

Personalizing the Renewal of Your Epigenetic Potential

Tennessee's second bi-annual
Eat Right Conference





Institute *for* Human Individuality

Personalizing the Renewal of Your Epigenetic Potential

April 30th & May 1st 2010
Nashville Airport Marriott
Nashville, Tennessee

Friday, April 30, 2010

3:00 - 5:00 pm	Sign-In/Vendor Booth Exhibits/Blood Type Testimonials	
5:00 - 6:30 pm	Hors d'oeuvres and Videos	
6:30 - 8:00 pm	Demystifying the Diet: Understanding the Research Behind the Blood Type Diet	<i>Eric Morrison, MIfHI</i>

Saturday, May 1, 2010

6:30 - 7:30 am	Sign-In and Vender Booth Exhibits	
6:30 - 8:00 am	Breakfast	
8:00 - 10:00 am	Personalized Nutrition: The Five Steps to a Healthy Life, parts 1-3 Dr. D'Adamo will discuss the keys to tissue cleansing, genetic enhancement and permanent weight loss.	<i>Peter J. D'Adamo, ND, MIfHI</i>
10:00 - 10:30 am	Break and Vendor Booth Exhibits	
10:30 - 12:00 noon	The Trip: From one size fits all to one Individual	<i>Larry C. Nesbit, MIfHI</i>
12:00 - 1:30 pm	Lunch and Vendor Booth Exhibits	
1:30 - 2:30 pm	Personalized Nutrition: The Five Steps to a Healthy Life, parts 4-5 Dr. D'Adamo will discuss the keys to optimum immunity and cellular regeneration.	<i>Peter J. D'Adamo, ND, MIfHI</i>
2:30 - 3:00 pm	Break and Vendor Booth Exhibits	
3:00 - 4:00 pm	Questions & Answers	<i>Peter J. D'Adamo, ND, MIFHI</i>
4:00 - 5:00 pm	Vender Booth Exhibits	
5:30 - 7:00 pm	Dinner Reception	
7:00 pm	Swami	<i>Larry C. Nesbit, MIfHI</i>

**All Meals are included in the conference price
and are ABO Secretor and Non-Secretor Complaint**

MENU

Friday Night Hors d'oeuvres

**Turkey Sausage
Stuffed Mushroom
Miniature Dogs in BBQ Sauce
Miniature Meatballs in Mushroom Sauce
Fresh Fruit
Nuts and Dried Fruits
Beverages**

Saturday Breakfast

**Quiche Lorraine
Scrambled Eggs
Ezekiel Bread/ghee
Fresh Fruit
Rice w/Sautéed Mushrooms & Onions
Turkey Bacon and Sausage
Beverages**

Lunch

**One Person Meal
Fresh Fruit
Beverages**

Dinner

**Roast Turkey w/Mushroom Gravy
Roast Beef w/Mushroom Gravy
Brown Rice
Ezekiel Bread
Green Salad
Carrots
Mixed Greens
Peach Cobbler
Brownies
Mixed Fresh Fruit Beverages**

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April 30 – May 1, 2010

Nashville Airport Marriott, Nashville, TN USA

Attendee Name _____

Professional Degree(s) _____

Email _____

Street Address _____

City _____ State/Province _____ Postal Code _____

Country _____ Phone Number _____

Blood Type: _____ Secretor Status: _____ Geno-Type: _____

Diet I am following: _____ (Example: *BTD, GTD, BTD-Arthritis, Swami*)

_____(Check if applicable) I am interested in rooming with another attendee. (You will be provided with contact information of others who have indicated an interest in room sharing at the conference.)

Saturday Noon Meal (Please select one): _____ Beef _____ Turkey _____ Vegetarian

Conf Registration Fee*: \$375 before April 1, 2010 / \$425 after April 1, 2010

IfHI Fellow Testing Fee: _____ Yes _____ No (Include Fellow Certification Testing Fee: \$150)

Payment Methods:

Cash, Check, Money Order

Pay Pal: er4yt@frontiernet.net

Check or Money Order payable to:
Plateau Eat Righters

Return form to:

Larry C. Nesbit MIfHI

Email: er4yt@frontiernet.net

61 Calloway Dr.
Crossville, Tn. 38555-5361

Hotel Information: Nashville Airport Marriott, Nashville, TN USA, 1-615-889-9300,

<http://www.marriott.com/hotels/travel/bnatn-nashville-airport-marriott/>

Room Rate - \$109 + taxes, Before April 1, 2010 (single or double occupancy) **Room Rate Code:** "Eat Right"

Conference participants need to make their own hotel reservations referencing the rate code above.

*Cancellation deadline is April 1, 2010 -- all cancellations subject to a \$50 administrative fee. No refunds after April 1, 2010.

Admin Use only: Amt paid: _____ Payment Method: check # _____ money order# _____ PayPal (circle)